

**Momentum Chiropractic Center
Dr. James D. Ferguson
2606 Zion Road, Ste A & B
Henderson, KY 42420
Ph: 270/844-8162
Fax: 866/431-9813**

June 25, 2009

RE: Free Sports Physical Program

**ATTN: Holy Name School
North Middle School
South Middle School
Henderson County High School**

Dear Coach:

It has been a privilege providing our free sport physical program. Since 2005, over 900 free physicals have been performed for Henderson County student athletes. This has afforded convenience for parents and savings of over \$60,000 to our community.

The following guidelines will be helpful to you and your student athlete families when considering receiving their physical at our office.

- 1. Physicals performed are good for the school year (the date of the physical) and are good for all sports.**
- 2. If coaches need physicals performed by a specific date or deadline other than the dates listed in The Gleaner (open dates), coaches need to contact our office personally and set up a specific time at our office for the physicals to be performed for that specific team. When team physicals are performed, the coach does need to be present at the time set for the team. There must be at least 10 students and no more than 25 students scheduled during these times (multiple dates can be set if dates are available). The coach does not have to be present during the "dead period".**
- 3. Coaches and parents can download a current, legible copy of the KHSAA Physical Form at www.khsaa.org/forms. Distribute these forms to your students.**
- 4. Parents should complete the student portion of the KHSAA physical form prior to arriving at our office. Upon arriving to our office during designated times, physicals are performed on a first come-first serve basis in the order that the students "sign in".**
- 5. Momentum Chiropractic does not keep a "patient record" for student athletes receiving free**

physicals, but a copy of the physical is made and retained in our office. There is a \$5 copy fee for additional copies needed (lost, misplaced, needed for another sport, etc...). The \$5 is donated to the Ryan Owens Scholarship Fund.

6. Unless the student is 18 years of age or over, parents are required to be present with the student at the time of the physical. No exceptions.
7. Free Sport Physicals are not performed on an individual appointment or walk-in basis. Sports physicals are free only during scheduled non-patient hours during open dates and Team dates.
8. If student athletes are not able to attend the designated times that free physicals are performed, "individual" sports physicals can be set during patient hours. However, there is a charge for all services performed during patient hours.
9. We take donations toward the Ryan Owens Athletic Scholarship Fund. This donation is strictly voluntary and is not required.

Once again, we consider it a pleasure and privilege to assist the Henderson County Schools sports programs. Please contact me if we can assist you or if you have questions.

Sincerely,

Linda Todd-Ferguson
Momentum Chiropractic
270/844-8162
momentumchiro@bww.com

update: 6/12/09